

HORARIOS



MAÑANAS

LUNES	MIÉRCOLES	JUEVES
HATHA YOGA 10:00h - 11:15h	YOGA INTEGRAL 10:00h - 11:15h	YOGA - PRENATAL 10:00h - 11:15h
YOGA PRE-NATAL 11:30h - 12:45h	YOGILATES 11:30h - 12:45h	HATHA YOGA 11:30h - 12:45h

TARDES

LUNES	MARTES	MIÉRCOLES	JUEVES
HATHA YOGA 18:45h - 20:00h	YOGA INTEGRAL 18:00h - 19:15h	HATHA YOGA 18:45h - 20:00h	YIN - YOGA 17:45h - 19:00h PILATES 19:00h - 20:00h
HATHA YOGA 20:15h - 21:45h	YOGA INTEGRAL 19:30 h - 20:45h	HATHA YOGA 20:15h - 21:45h	YOGA AVANZADO 20:15h - 21:30h